

Community Resources

- In person
- Online
- By phone

Website Resources

WWW.CARESWORKLIFESOLUTIONS.COM

- Professional Development Trainings
- Monthly wellness webinars
- Interactive health assessments
- Child-care, elder-care and even pet-care locators
- Financial & debt consolidation calculators
- Ready-to-use legal forms & documents
- Articles on worklife issues

Website Login Password:

(See Human Resources for Password)

We Can Help.



Main Office 31900 Utica Road Fraser, MI 48026

> Toll Free 866.888.1555

Call today to schedule an appointment on a day, time & location convenient for you.

Master level counselor Available 24 hours a day 7 days a week

Office hours vary depending on counseling location



www.caresworklifesolutions.com





LIFE HAPPENS. WE CAN HELP.

Life can pose challenges. So difficult... it feels like there's nowhere to turn.

We're here to help you.



As your Employee Assistance Program provider we can provide assistance for you and your immediate family members.

We offer you and your immediate family members:

- Confidential and solution focused short-term counseling sessions
- Web based skill builders, webinars and resources
- Resources & referrals

Professional

All counselors are master level or higher.

Convenient

24/7 Accessibility/location near you

Free

All services are free to you and your immediate family members.

Confidential

Protection under federal and state confidentiality laws.

Call our 24/7 toll-free number for information, resources or to make an appointment

866.888.1555

Stress Reduction
Medical Challenges
Financial Worries
Marital Difficulties
Parenting Concerns
Sick Parent/Family Member
Grief & Loss
Anxiety
Legal Issues
Preoccupation with Alcohol
or other Drugs
Time Management
Work Related Issues
Post Traumatic Stress
and much more...

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